

Testimonials

“Excellent service. The nursing staff at VON are always exceptional. Very professional and knowledgeable. We are always in great hands and care with VON.”

Cangene Corporation

The Costs Of Stress To A Business:

19% of Absenteeism costs
40% of Turnover costs
55% of EAP costs
30% of STD & LTD costs
10% of Drug Plan costs
60% of Accident rates
<i>Chrysalis Performance</i>

“I find the VON staff to be extremely helpful and a pleasure to work with.”

G. Woodward Restoration

“Having a VON nurse on site saves us time and money. It's awesome.”

Daimler Chrysler Canada Inc.

VON Canada, a not-for-profit, national health care organization and registered charity, has been caring for people in communities across Canada for 110 years. Through a network of 51 branches, VON addresses the health needs of people in Canada through services provided by nurses, other health professionals, support service workers and volunteers.

Call 1 888 VON CARE (1 888 866 2273) or visit www.von.ca

VON Canada Branch Name

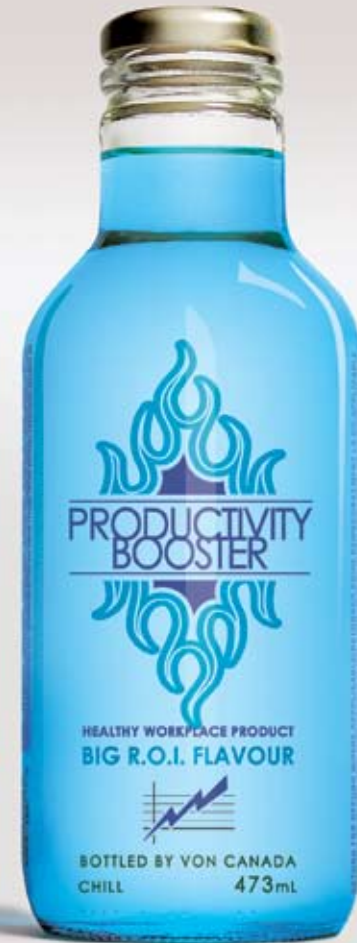
123 Street Name

Phone 000 000.0000 Fax 000 000.0000

name@von.ca



Touching Lives Since 1897



VON Workplace Wellness



CANADA

Touching Lives Since 1897

VON Workplace Wellness programs can dramatically boost productivity.

If you're looking to increase productivity, employee efficiency and morale, and decrease absenteeism, consider a VON Workplace Wellness program.

Wellness programs are proven to be well worth your company's investment. Our Wellness programs have been shown to improve employee morale, satisfaction and engagement. Comprehensive workplace programs can also save you money and return up to \$8.00 for every dollar invested according to the Industrial Accident Prevention Association.

“ Absenteeism due to stress cost Canadian firms \$2.28 billion in 1999.”

*Stats Canada and
Chrysalis Performance*

Companies across Canada, both large and small, are discovering workplace wellness as a powerful productivity tool. VON Canada

is experienced at delivering comprehensive and customized workplace wellness programs in both official languages. We have 51 branches with over 16,000 staff and volunteers who deliver high quality health services following consistent clinical best practices. Revenue earned through our corporate wellness programs is re-invested into programs in your community as part of VON Canada's mandate as a not-for-profit organization.

“ Comprehensive workplace interventions are likely to save you money and can return up to \$8.00 for every dollar invested.”

*Joan Burton
IAPA (Industrial Accident
and Prevention Association)
Feb. 2006*



Touching Lives Since 1897

Call 1 888 VON CARE (1 888 866 2273) or visit www.von.ca

A healthier organization, greater employee well-being, improved productivity and controlled benefit costs.

VON will take the pulse of your business and customize a program to meet your health and wellness needs and increase your productivity using the following programs:

Wellness Workshops Interactive, dynamic workshops delivered as a “lunch and learn” or at times best suited for your organization. Workshops are optimally designed for small groups.

Wellness Screening Clinics Informative, individual screening clinics which provide a variety of biometrics and offer education and counseling. Popular topics include our flu, cholesterol, glucose, hemoglobin, body-mass index, and lung capacity clinics.

Wellness Programs Offering a proactive approach to Workplace Wellness, our wellness programs offer ongoing support to address specific needs within an organization. Education on healthy lifestyles, assessment and monitoring is offered over time.

Wellness Workplace Assessments Often a primary step in determining needs within an organization, our surveys and on-site monitoring assess collective health risks. If desired, on-going Wellness programs can also be developed.

Occupational Health & Safety For specific Occupational Health and Safety needs, the VON offers services such as back health, ergonomics, safety in the workplace, and healthy workplace environments.

Wellness Consulting Our consulting services, which can be customized and align with current Employee Assistance Programs (EAP), are provided to meet and exceed your Workplace Wellness needs, including large group wellness lectures, fully integrated wellness fairs, and wellness solutions. We are also experienced at working closely with EAP providers.

Our programs cover an array of topics including these most popular ones:

- Flu Vaccination
- Healthy Heart
- Healthy Living
- Women's Health Issues
- Smoking Cessation
- Diabetes
- Pandemic Planning
- Nutrition and Healthy Eating
- Stress Management
- Work Life Balance

“ 20% of Canadian workers experience a stress-related illness each year.”

*Canadian Mental
Health Association
2001*