

MY VONI

SPRING 2018

The Victorian Order of Nurses: **You support a 120 year tradition of care.**



A lifelong commitment to care

Meet one of the heroes who — like you — keep VON and our patients strong

Joy Saunders is 99 years old, so you'd be forgiven for thinking she's one of our clients. She's actually one of our most dedicated volunteers.

After losing her husband to cancer, Joy and her family sought care from VON's services. And once she moved to Lunenburg, to be closer to her daughter, Joy joined the local hospital auxiliary. When VON asked the group to help start a weekly foot clinic, Joy was thrilled at the chance to volunteer for an

organization that had helped her own family in their time of need.

That was 28 years ago, and she's still going strong. She provides expert assistance once a week to seniors who need care, whether it's by making appointments or greeting people with enthusiasm.

What's Joy's secret? "It's not what you eat. It's your attitude," she says. "There's no point in being here if you don't contribute to your community."

Local Corner



Keeping the wheels turning in Nova Scotia

Thanks to the sponsorship by one Halifax resident, Peter Malloy of the Malloy Investment Group,

our Frozen Favourites program is delivering more meals to seniors across the city.

Peter's sponsorship ensures our volunteers have access to a reliable 2014 Kia Soul to make their deliveries and keep the program running.



Handbags for Hospice in Ontario

Woodstock residents gathered once again for Handbags for Hospice, an event that auctions off handbags to collect donations

for VON Sakura House, a ten-bed hospice. This year, nearly 900 people came together to raise an incredible \$120,000.

Message from Christine Joannette, National Director, Philanthropy

Together, we'll do even more this year

2018 has already been an exciting year, and we have so much to look forward to. For one, we're focusing steadily on growing our Adult Day programs and respite care services to meet the needs of our communities. And it's with the help of donors like you that we're able to do that.



And secondly, we're launching a family campaign in May to say thank you—to our volunteers, our donors, and our communities.

At our local sites,

we'll host open houses, social teas, and evening gatherings. And we'll begin the campaign by asking our board members, our senior management team, and our local Community Board members to support what we do by making donations themselves.

We want you to know that support for VON starts from within, with gifts from our staff and board. And with support from generous donors like you, we're planning to be around for another 120 years of providing care where it's needed most.



Yes, I want to support VON to keep all Canadians healthy at home



CANADA

Health Starts at Home

Here is my gift in support of VON's work:

\$35 \$50 \$75 I prefer to give \$ _____

Please see reverse for monthly giving options.

Name: _____

Address: _____



City: _____ Province: _____

Postal Code: _____ Telephone: _____

Email: _____

I've enclosed a cheque made payable to VON

OR

Please charge my:  

Card #: _____

Expiry date: _____ / _____

Name on card: _____

Signature: _____

Telephone: _____

Email: _____



You gave Mike hope — and a community to call his own

How VON helped Mike thrive

It's a scary thought: that one day, you can be on your way to work after your morning coffee, and suddenly you're being rushed to the hospital.

For Mike Ellah, a burst aneurysm changed the course of his life. One moment, he was going to work. And the next thing he remembers is waking up in a hospital bed in London, Ontario. His doctors didn't expect him to survive.

Mike had trouble recognizing his kids and gaps in his memory made remembering events in his life difficult. After he miraculously pulled through, his family worried that he wouldn't be the same cheerful, social man he'd been before his ailment struck.

Your support made it possible for Mike to attend the Ingersoll Adult Day program twice a week. There, he

participated in social activities that allowed him to make new friends. The program breathed friendship back into Mike's life, thanks to you.

"I'm so lucky." He says with a smile.

~ Mike Ellah

Not only that, but Mike eventually became a full-fledged volunteer, bringing the social life he'd come to value so deeply to others in the VON community. Whether it's running an activity like our Coffee News sessions or supporting another Adult Day program member, Mike shows up with a smile. "I'm so lucky," he says.

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On the first day of Jo-Anne Poirier's first job, her boss asked her a formative question. She was just 19, having graduated from university early. "What's your long-term goal?" he asked. "I said, I want to be the CEO of a not-for-profit organization," she recalls.

Jo-Anne has been the President and CEO of VON Canada since 2014. She joined us with 30 years of work and volunteer experience in the private, public, and not-for-profit sectors, including from organizations such as the Ottawa Community Housing Corporation, United Way Ottawa, and the City of Gloucester.

Here at VON, she's able to see the impact a devoted network of staff and volunteers have on the people they help every day. In some cases, visits from volunteers delivering Meals on Wheels or nurses providing home care might be the only personal interaction someone has in their day. "We're helping people stay healthy," she says. "It's a privilege to be in people's homes."

With an increasing focus on innovation and technology, like our partnerships in e-shift, e-rehabilitation, and e-Homecare coupled with the passionate people power behind the organization, VON stands to make an even greater difference. "Home and community care are more important than ever," Jo-Anne says. "I'm excited to see VON be an even greater part of that."

*"I want to make a difference.
It's part of my DNA."*

*~Jo-Anne Poirier, President and CEO,
VON Canada*

Caring for people in their homes, and helping them not only recover but stay well once they do, makes VON's staff and volunteers a tight-knit community. And, like any family, support for the programs and services that keep our clients healthy begins at home.

For Jo-Anne, her monthly gift is part of leading by example. Every contribution at VON is a meaningful one, whether it's the financial generosity of our donors or the time our volunteers invest. "It's not a job for our staff, it's a vocation," says Jo-Anne. "What I love most is seeing the impact we have on people's lives."

Yes, I want to support VON's work in my community by giving monthly

Here's my special gift of: \$15/month \$25/month \$50/month \$ _____ /month

I've enclosed a blank cheque marked **VOID**, I authorize the Victorian Order of Nurses to deduct the amount I have specified on the 1st day of each month. I understand I may change or cancel my contribution at any time with written notice.

OR

I authorize the Victorian Order of Nurses to charge the amount I have specified to my credit card on the 1st day of each month.

Please charge my:



Card #: _____ Expiry date: _____ / _____

Name on card: _____ Signature: _____

Email: _____ Telephone: _____

You have certain rights if any debit does not comply with this agreement. For further information on your right to cancel a Pre-Authorized Debit Agreement and/or recourse rights, please contact your financial institution or visit www.cdnpay.ca

To give online, visit GiveToVON.ca and help us save on postage costs. Call 1-888-866-2273 to donate by phone.

VON Canada 100-2315 St. Laurent Blvd., Ottawa, ON K1G 4J8

I have included VON in my will

I would like to receive information about including VON in my will

I would like more information about naming VON as the beneficiary of my RRSP or RRIF